

East Grand Rapids Public Schools

Weight and Nutrition: Middle School

% = unweighted percentage of reported response. (n) = number of students with reported response.

	District ¹	Grade	Gender		Race/Ethnicity						Academics	
		7	M	F	Black	White	Hispanic/ Latino	American Indian	Asian	Arab/ Chaldean	As/Bs	Ds/Fs
Weight												
Percentage of students who are obese (at or above the 95th percentile for BMI by age and sex)	7.4% (13)	7.4% (13)	10.5% (10)	3.8% (3)	-	7.7% (11)	0.0% (0)	-	-	-	5.2% (8)	-
Percentage of students who are overweight (at or above the 85th percentile and below the 95th percentile for BMI by age and sex)	17.1% (30)	17.1% (30)	17.9% (17)	16.3% (13)	-	19.0% (27)	6.7% (1)	-	-	-	16.9% (26)	-
Percentage of students who described themselves as slightly or very overweight	21.6% (42)	21.6% (42)	22.3% (23)	20.5% (18)	-	22.3% (35)	31.3% (5)	-	-	-	18.9% (32)	-
Percentage of students who were trying to lose weight	33.3% (65)	33.3% (65)	23.3% (24)	44.9% (40)	-	34.2% (54)	31.3% (5)	-	-	-	30.6% (52)	-
Nutrition												
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days	41.8% (77)	41.8% (77)	35.4% (34)	49.4% (42)	-	38.7% (58)	42.9% (6)	-	-	-	40.7% (66)	-
Percentage of students who drank three or more glasses per day of milk during the past seven days	5.0% (10)	5.0% (10)	7.7% (8)	2.2% (2)	-	6.2% (10)	0.0% (0)	-	-	-	5.2% (9)	-
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days	8.1% (16)	8.1% (16)	7.8% (8)	7.6% (7)	-	6.3% (10)	12.5% (2)	-	-	-	4.6% (8)	-
Percentage of students who had breakfast every day in the past seven days	41.2% (82)	41.2% (82)	44.2% (46)	38.0% (35)	-	39.1% (63)	50.0% (8)	-	-	-	43.7% (76)	-
Percentage of students who did not eat breakfast in the past seven days	9.5% (19)	9.5% (19)	6.7% (7)	10.9% (10)	-	11.2% (18)	0.0% (0)	-	-	-	9.2% (16)	-

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	District ¹	7	M	F	Black	White	Hispanic/ Latino	American Indian	Asian	Arab/ Chaldean	As/Bs	Ds/Fs
Physical Health												
Percentage of students who saw a doctor or health care provider for a check-up or physical exam when they were not sick or injured during the past 12 months	83.4% (161)	83.4% (161)	79.6% (78)	87.0% (80)	-	87.2% (136)	73.3% (11)	-	-	-	84.5% (142)	-
Percentage of students who saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months	87.0% (167)	87.0% (167)	87.6% (85)	85.9% (79)	-	89.0% (138)	86.7% (13)	-	-	-	88.0% (147)	-
Percentage of students who had ever been told by a doctor or nurse that they had asthma	16.7% (32)	16.7% (32)	13.4% (13)	18.5% (17)	-	16.0% (25)	14.3% (2)	-	-	-	15.6% (26)	-
Percentage of students who had been told by a doctor or nurse that they had asthma and still have asthma (i.e. current asthma)	56.3% (18)	56.3% (18)	46.2% (6)	58.8% (10)	-	56.0% (14)	-	-	-	-	57.7% (15)	-

For additional Michigan Profile for Healthy Youth information, please log on to www.michigan.gov/miphy

¹ District percentages are representative of the results as reported by 7th graders in participating buildings.

N/A = Data not available

- = Data suppressed due to fewer than 10 valid student surveys

The contents of this report were developed under a grant from the United States Department of Education (Safe and Supportive Schools Grant (CFDA #84.184Y)). However, those contents do not necessarily represent the policy of the United States Department of Education, and you should not assume endorsement by the Federal Government.