

East Grand Rapids Public Schools

Weight and Nutrition: High School

% = unweighted percentage of reported response. (n) = number of students with reported response.

	N/A YRBS ¹	District ²	Grade		Gender		Race/Ethnicity						Academics	
			9	11	M	F	Black	White	Hispanic/ Latino	American Indian	Asian	Arab/ Chaldean	As/Bs	Ds/Fs
Weight														
Percentage of students who are obese (at or above the 95th percentile for BMI by age and sex)	N/A	6.4% (25)	5.7% (11)	7.2% (14)	9.0% (18)	3.6% (7)	-	6.2% (20)	14.3% (3)	-	0.0% (0)	-	6.1% (22)	-
Percentage of students who are overweight (at or above the 85th percentile and below the 95th percentile for BMI by age and sex)	N/A	10.5% (41)	10.3% (20)	10.8% (21)	13.5% (27)	7.3% (14)	-	10.5% (34)	9.5% (2)	-	0.0% (0)	-	11.0% (40)	-
Percentage of students who described themselves as slightly or very overweight	N/A	16.9% (69)	15.2% (32)	18.6% (37)	15.2% (30)	19.1% (39)	-	16.2% (55)	30.4% (7)	-	18.2% (2)	-	15.8% (59)	-
Percentage of students who were trying to lose weight	N/A	31.0% (126)	27.9% (58)	34.2% (68)	19.2% (38)	42.6% (86)	-	30.5% (103)	22.7% (5)	-	36.4% (4)	-	30.7% (114)	-
Nutrition														
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days	N/A	28.5% (113)	34.3% (71)	22.1% (42)	25.9% (50)	31.0% (61)	-	29.0% (95)	26.1% (6)	-	18.2% (2)	-	29.2% (106)	-
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days	N/A	8.8% (36)	12.0% (25)	5.5% (11)	10.2% (20)	6.9% (14)	-	7.7% (26)	17.4% (4)	-	9.1% (1)	-	8.3% (31)	-
Percentage of students who did not eat breakfast in the past seven days	N/A	13.6% (56)	10.8% (23)	16.6% (33)	11.1% (22)	16.5% (34)	-	12.4% (42)	17.4% (4)	-	0.0% (0)	-	12.8% (48)	-
Percentage of students who had breakfast every day in the past seven days	N/A	39.7% (163)	41.0% (87)	38.2% (76)	42.9% (85)	36.9% (76)	-	41.2% (140)	21.7% (5)	-	72.7% (8)	-	41.5% (156)	-
Percentage of students who drank three or more glasses per day of milk during the past seven days	N/A	8.8% (36)	9.0% (19)	8.5% (17)	14.1% (28)	3.9% (8)	-	9.7% (33)	4.3% (1)	-	9.1% (1)	-	8.8% (33)	-

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Physical Health														
Percentage of students who saw a doctor or health care provider for a check-up or physical exam when they were not sick or injured during the past 12 months	N/A	84.3% (327)	87.4% (173)	81.1% (154)	84.2% (154)	84.8% (168)	-	84.7% (272)	85.0% (17)	-	90.0% (9)	-	84.5% (300)	-
Percentage of students who saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months	N/A	89.4% (345)	89.3% (176)	89.4% (169)	89.1% (163)	89.3% (175)	-	89.4% (286)	73.7% (14)	-	100.0% (10)	-	89.5% (316)	-
Percentage of students who had ever been told by a doctor or nurse that they had asthma	N/A	18.8% (73)	19.1% (38)	18.5% (35)	19.7% (36)	18.2% (36)	-	18.1% (58)	25.0% (5)	-	0.0% (0)	-	18.6% (66)	-
Percentage of students who had been told by a doctor or nurse that they had asthma and still have asthma (i.e. current asthma)	N/A	47.9% (35)	50.0% (19)	45.7% (16)	36.1% (13)	61.1% (22)	-	51.7% (30)	-	-	-	-	48.5% (32)	-

For additional Michigan Profile for Healthy Youth information, please log on to www.michigan.gov/miphy

¹ Michigan Youth Risk Behavior Survey. For additional information on the YRBS results, please go to www.michigan.gov/yrbs.

² District percentages are representative of the combined results as reported by 9th and 11th graders in participating buildings.

N/A = Data not available

- = Data suppressed due to fewer than 10 valid student surveys

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