

East Grand Rapids Middle School

Weight and Nutrition: Middle School

% = unweighted percentage of reported response. (n) = number of students with reported response.

	Building ¹	Grade	Gender		Race/Ethnicity						Academics	
		7	M	F	Black	White	Hispanic/ Latino	American Indian	Asian	Arab/ Chaldean	As/Bs	Ds/Fs
Weight												
Percentage of students who are obese (at or above the 95th percentile for BMI by age and sex)	6.7% (14)	6.7% (14)	9.5% (10)	3.8% (4)	-	5.7% (10)	14.3% (2)	-	-	-	5.3% (10)	-
Percentage of students who are overweight (at or above the 85th percentile and below the 95th percentile for BMI by age and sex)	8.1% (17)	8.1% (17)	6.7% (7)	9.5% (10)	-	6.9% (12)	14.3% (2)	-	-	-	7.4% (14)	-
Percentage of students who described themselves as slightly or very overweight	16.2% (36)	16.2% (36)	17.0% (19)	15.7% (17)	-	14.8% (27)	25.0% (4)	-	-	-	14.8% (29)	-
Percentage of students who were trying to lose weight	25.7% (57)	25.7% (57)	20.5% (23)	31.5% (34)	-	25.1% (46)	25.0% (4)	-	-	-	25.0% (49)	-
Nutrition												
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days	46.0% (92)	46.0% (92)	42.4% (42)	49.0% (49)	-	46.9% (76)	40.0% (6)	-	-	-	46.6% (82)	-
Percentage of students who drank three or more glasses per day of milk during the past seven days	9.4% (21)	9.4% (21)	12.3% (14)	6.5% (7)	-	8.7% (16)	12.5% (2)	-	-	-	7.6% (15)	-
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days	8.1% (18)	8.1% (18)	12.6% (14)	2.8% (3)	-	8.2% (15)	0.0% (0)	-	-	-	6.2% (12)	-
Percentage of students who had breakfast every day in the past seven days	50.7% (113)	50.7% (113)	56.6% (64)	43.5% (47)	-	49.7% (91)	43.8% (7)	-	-	-	50.0% (98)	-
Percentage of students who did not eat breakfast in the past seven days	6.3% (14)	6.3% (14)	8.0% (9)	4.6% (5)	-	7.1% (13)	6.3% (1)	-	-	-	6.6% (13)	-

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	Building ¹	7	M	F	Black	White	Hispanic/Latino	American Indian	Asian	Arab/Chaldean	As/Bs	Ds/Fs
Physical Health												
Percentage of students who saw a doctor or health care provider for a check-up or physical exam when they were not sick or injured during the past 12 months	82.9% (180)	82.9% (180)	80.0% (88)	87.6% (92)	-	82.8% (149)	81.3% (13)	-	-	-	84.7% (161)	-
Percentage of students who saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months	91.3% (200)	91.3% (200)	90.9% (100)	92.5% (99)	-	91.8% (167)	81.3% (13)	-	-	-	91.7% (176)	-
Percentage of students who had ever been told by a doctor or nurse that they had asthma	14.2% (31)	14.2% (31)	13.6% (15)	15.0% (16)	-	14.3% (26)	12.5% (2)	-	-	-	14.6% (28)	-
Percentage of students who had been told by a doctor or nurse that they had asthma and still have asthma (i.e. current asthma)	65.5% (19)	65.5% (19)	60.0% (9)	71.4% (10)	-	66.7% (16)	-	-	-	-	69.2% (18)	-

For additional Michigan Profile for Healthy Youth information, please log on to www.michigan.gov/miphy

¹ Building percentages are representative of the results as reported by 7th graders in the building.

N/A = Data not available

- = Data suppressed due to fewer than 10 valid student surveys

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